

Impact of Multiple Sclerosis Symptoms (IMSS)

Real stories. Real data. Real change.

More than
17,000+ voices
of people with MS
from 22 countries
speak out!



Most prevalent symptoms: Fatigue, sensory problems, sleep disturbances, cognitive impairment, balance problems

3.2
years

average
delay to
diagnosis

6

services and
care to manage
symptoms

1 in 4

are not
working
due to MS

4

healthcare
professionals
per patient



People with MS use 6 services on average, including **lifestyle changes, medications, various forms of therapies** (physical, occupational, psychological), **social support** and **complementary therapies**.

People with MS seek support from 4 healthcare professionals on average, while only **52% of them are reported to coordinate together**.

Healthcare professionals mostly involved in symptomatic care: **neurologists, general practitioners, physiotherapists, nurses, and psychologists**.



Discover the findings from different countries and how you can use them to advocate for better MS care! You can also access the data if you want to lead on more in-depth research.

Scan the
QR code to
know more
about IMSS



emsp

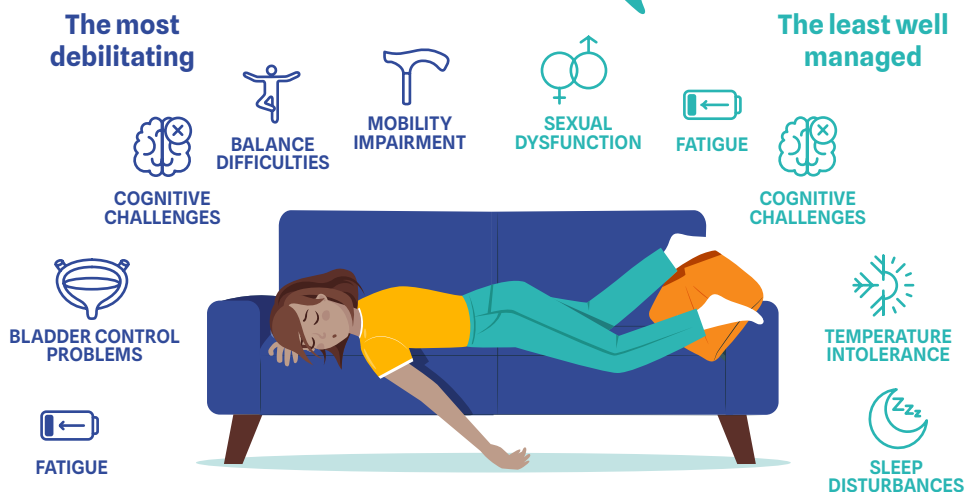
IMSS

How are people with MS really doing?

People with MS reported living with **14 symptoms** at the same time.

I lived with symptoms for three years before my diagnosis. Now, every day is about finding the right support to manage my symptoms, most of which are invisible!

Anna, age 34, Germany



What are we asking for?



Acknowledgement: EMSP thanks people with MS and their caregivers for participating in this IMSS survey experience. EMSP thanks the Scientific Working Group and the national MS societies for their support. EMSP thanks the young people with MS who supported the development of the survey part of the Young People's Network, the MS International Federation, and GfK Spain. Funding: This project has been financially supported by Almirall, Biogen, Bristol Myers Squibb, Coloplast, Merck, Novartis, Roche, and Sanofi.