

YOUNG PEOPLE'S NETWORK 2.0

YOUTH
TAKE
CHARGE!



WHAT IS THE EMSP YOUNG PEOPLE'S NETWORK?

The YPN is a network of young people with MS. They are passionate about changing society and making a positive impact on the lives for young people with MS.

WHEN DID IT ALL BEGIN?

The YPN began in 2010 at the first EMSP Young People's Conference in Stuttgart. A future-thinking person sponsored young people with MS from across Europe to travel, meet & develop ideas to deal with the challenges of living with MS.

WHO IS IN THE NETWORK?

Young people (18–35) who have been diagnosed with multiple sclerosis, who live in Europe and who are interested in making their Europe a better place for people with MS. Is this sounds like you, see the next point.

HOW DO I TAKE PART?

Contact the European Multiple Sclerosis Platform, tell us about yourself, what you do in your local community or the ideas you have for people with MS in your country.

CONTACT

Elisabeth Kasilingam
EMSP Managing Director
elisabeth.kasilingam@emsp.org



DECLARATION



The **lives** and **futures** of young people with MS matter.



A **better life** is possible for young people with MS.



We work to **positively change** existing social, medical and care systems for young people with MS.



It is our **right** and **responsibility** to make these changes.



We **meet** people **where they're at** in their lives



We **support** one another and we work to **overcome** biases and prejudices together.



It is our **right** to **define ourselves**, to **celebrate** our lives & to **speak out** about injustices.



We are **dedicated** to education, self-realisation and pedagogical practices that make us **better versions** of ourselves.



We **share** our knowledge and experience willingly.



We exist to **take action**, to **change attitudes** and to **stand in solidarity** with the world-wide MS Community.