



EUROPEAN
MULTIPLE SCLEROSIS
PLATFORM



WinWin for Young People with MS and Employers

believe&achieve

PROMOTING EMPLOYMENT FOR YOUNG PEOPLE WITH MS

B&A Highlights



- Real help for a real need: 65% of young people with MS are in employment¹, but 80% have to give up work within 15 years of MS onset².
- Best practice in youth employment to be replicated across borders and disease areas.
- 10 paid internships for young people with multiple sclerosis (MS) with multinational companies in 7 European countries.
- Win-win: meaningful work (for interns), accessing untapped talent while upholding corporate social responsibility (for employers).

European countries with paid internships



PORTUGAL



IRELAND



SPAIN



ITALY



CZECH
REPUBLIC



GREECE



SWITZERLAND

¹ EMSP 2015 survey on
1,300 young people living
with MS in Europe

² 2011 Ready for Work?
Study, Work Foundation

What is MS?



Multiple sclerosis is one of the most common long-term conditions affecting the central nervous system (brain and spinal cord) and the main cause of non-traumatic disability in young adults.

MS is a neurodegenerative disease, a group of conditions that includes, amongst others, Parkinson's, Alzheimer's and Huntington's disease.

MS is mainly diagnosed between the ages of 20 and 40.

700,000 PEOPLE CURRENTLY LIVE WITH MS IN EUROPE.



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Anna Zaghi

27, Italy



“I had a lot to learn because the position did not fully match with my attained studies. But I like the work and I’m not afraid of learning things every single day in a field which is new for me.”



PROFILE

Masters in European and International Studies, completed thesis during placement, specialised in business and languages.

PLACEMENT

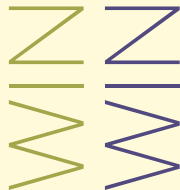
Customer Marketing Department

OUTCOME

Anna developed her marketing skills, internal event planning and was successfully employed as events coordinator with the company upon finishing her B&A placement.

Emma Hughes

27, Ireland



PROFILE

Masters in Public Health, first work experience in the healthcare field left room for improvement.

PLACEMENT

Quality Assurance Team

OUTCOME

Emma continued working in the healthcare industry and started with a new company soon after completing the B&A placement.

“I was looking forward to coming into an environment where staff members are respected. My team was really supportive and encouraging. I have made friends for life.”



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Ioanna Christodoulidou 31, Greece

**“Believe and Achieve
has unlocked my
dreams and I’m thinking
of my future and how I
can inspire other people
in similar situations.”**



PROFILE

During the B&A internship, Ioanna was finishing her final year thesis for university.

PLACEMENT

Human Resources
Department

OUTCOME

Despite the extremely difficult economic climate, Ioanna’s placement was extended with the opportunity to learn new skills.

WORK SHAPES

Sorin Nicu

36, Portugal



“This experience was wonderful and my MS has stabilised completely – which comes to prove that the state of mind is very important and that sometimes patients need something more than just medicine.”

PROFILE

Originally from Romania, he was working in the food industry but lost his job after the MS diagnosis.

PLACEMENT

Web Project Management

OUTCOME

Sorin gained new skills and self-confidence allowing him to embark on a book writing and publishing project.



cover B&A interns
attending EMSP's 2015
Annual Conference in
Warsaw, Poland.



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Believe and Achieve

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**“Work shapes both personal and social life
and contributes significantly to the wellbeing
of people with multiple sclerosis (MS).**

**This is why EMSP is determined to open up
paths to employment for people with MS and
other neurodegenerative conditions.”** *[Emma Rogan]*

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