What is vsMS

Survey on people living with RMS and care partners to shed light on the reality of MS.

Goal: Better understand the physical and emotional impact of MS.

1000+ people with RMS
500+ care partners
7 countries
July to August 2015
What has been learned

www.vs-MS.com

- Cognition
- Dissability & Progression
- Effect on Career
- Emotional Burden on the care partner
- Emotional Burden on the patient
- Intimacy
- Physical Symptoms
- Relationships
What this data mean

- Normalise the situation
  - Better understanding
  - Raise awareness
- Group work
  - Patient & Doctor
  - Other experts (psychologists, physiotherapists...)
- Disability
  - Redefining the concept
  - Change the way ADAPTATION works
How can this be applied in real life

Steps (needs) that may make life easier for people with MS:

1. Need for information and acceptance

Symptoms or worries that can be better dealt with by getting some more information from doctors, psychologists or people in regional support groups (associations or other groups of people).

2. Need for support

Worries or thoughts that need to be dealt with by telling people that can support every patient trying to avoid them being hidden from everyone else.
3.-Need for private disclosure

Things that need to be told to people in some specific cases because disclosing some information related to the illness and the person may be important in certain situations.

4.-Need for openness

Reveal those symptoms that may seem too personal but that may be crucial in order to have healthy, completely normal relations with people around you.