



EmpowermentThroughAdventure.com

Climbing Beyond Our Limits

Lori Schneider



SUMMITS



Denali

Elbrus

Everest

Kilimandjaro

Cartensz

Aconcagua

Kosciuszko

Vinson

























Live low will
One Step at a time
- Steve Schneider
Everest '09

worldMSday
www.worldmsday.org











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Empowerment Through Adventure



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