

## Birgit Bauer

Germany



MS Patient, Passionate about Social Media, Lover of Life ....

Profession: Social Media Consultant, Journalist,  
(Print, Online, PR), Speaker

Themes: Social Media, Networking, Economics, Inclusion,  
Patients Needs, Patients and Social Media etc.

And, last but not least:

- E-Patient, Patient Activist,
- one of the most influential MS & health Bloggers in  
Germany
- Trainee at the EUPATI „Patients Expert Course“

# Challenges and Missions

- Research of patients use of Social Media (different Patient Groups – different use 😊, different Countries also )
- Social Media Listening for different Partners from the Pharmaceutical Industry and Patient Organisations
- Workshops: Social Media for Patient Organisations and Patients on a international Level (Themes: Storytelling, Strategies, Blogging, Social Networks)
- share information for Patients via Social Media
- participate on Tweepchats and watch the effects
- research in mhealth and ehealth and how we can make it useful and understandable for patients.

# mhealth & ehealth

## Are important!

### Because:

- e. g. immobile Patients could connect to the doctor from home
- sometimes there is only a little talk needed (Question to a dose ...)
- Patients with psychological diseases can be better accompanied.

### **But:**

- Who will pay for the technical resources e. g. Smartphones for Patients?
- Do Patients all have direct access to the internet? Infrastructure!
- There is Transparency in all areas needed. A lot of gaps must be filled up with knowledge, a lot of wrong information must be cleared.
- Will personal data be protected? And how?
- How can patients be educated in the different tools?
- Which Tools make sense? Are „Well Being“ Apps important? Do we need them?



## Contact:

### **Birgit Bauer @ Manufaktur für Antworten UG**

Journalist – Speaker – Social Media Consultant

Find me in the Internet:

<http://about.me/birgit.bauer>

Mohnblumenweg 1  
D - 93326 Abensberg  
Germany

Tel. +49 (0) 94 43 / 90 66 21

[info@manufaktuer-fuer-antworten.de](mailto:info@manufaktuer-fuer-antworten.de)