MS Nurse PROfessional

This activity is supported by educational grants from:

Founding and lead supporter

Co-sponsors
MS Nurse PROfessional: The Background

This activity is supported by educational grants from:

Founding and lead supporter: Novartis Pharmaceuticals

Co-supporters: Biogen Idec, Genzyme, and Teva
“The complex, unpredictable nature of MS necessitates input from a range of health and social care professionals. Although these individuals may affect the experiences of people with MS, the MS nurse remains the central key worker responsible for coordinated care and support. Thus it is essential that they receive ongoing education and are appropriately skilled to work effectively with all members of the multidisciplinary team.”
Given the inconsistencies in MS nursing across Europe, and the many advantages provided by MS nurses, there is an urgent need for pan-European unification of MS nursing supported by a modular educational programme to increase quality of care for people with MS and their families.

**Setting the Standard –**
MS-NEED Survey
MS Nurse Consensus Paper

**First and Only European CME Accredited MS Nurse Training Curriculum –**
MS Nurse PROfessional

DIRECTLY ADDRESSES THE EU PROFESSIONAL QUALIFICATIONS DIRECTIVE (2005/36/EC)
The MS-NEED European Survey

- **Multiple Sclerosis – Nurse Empowering EDucation (MS-NEED)**
- The first major European-wide survey of nurses involved in the care of MS
- **280 MS nurses were polled in total for the survey**

**Countries**
- United Kingdom
- Germany
- Italy
- Poland
- Finland
- Czech Republic

**Respondent Type**
- MS Specialist nurses / nurses seeing people with MS

**Data Collection Method**
- CATI (Computer Assisted Telephone Interviewing)

Published in the European Neurological Review: Disparities in Nursing of Multiple Sclerosis Patients – Results of a European Nurse Survey
A third of nurses felt that standards are not well maintained in their country.

Almost a quarter (21%) felt that there was not enough training and education to support them in their day-to-day role in MS.

The role is expanding as MS nurses are:
- Managing other health conditions associated with MS – 21% very involved, 35% involved
- Helping PwMS gain access to new treatments – 59%
- Helping PwMS gain access to other services e.g. rehabilitation services – 79%

The role is changing with over 60% of MS nurses providing psychological support and medication management.

Challenging the current perception within the MDT with 21% of nurses moving towards a leadership role.
MS-NEED: Learnings

Role of MS nurses is evolving and expanding

- Recognise MS nursing as a specialty across Europe

Best practice sharing can enhance MS nurses role within the MDT

- Need for shared MS nursing educational events/opportunities/resources across Europe in range of settings that include web technology & social media
- Ensure there is a structured, formalised and improved partnership working within current European forums and international organisations

Tools and education are needed

- Need for a stepwise professional development structure against an agreed European definition for MS nursing
Consensus Paper: a call to action

Consensus paper highlighting results of MS-NEED survey: "Moving towards the pan-European unification of Multiple Sclerosis Nurses: a consensus paper“ was published in the *Multiple Sclerosis Journal* in 2013

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<tr>
<th>Section</th>
<th>Key Points</th>
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<td>MS Care in Europe</td>
<td>• Overview of current care practices based on findings from MS-NEED Survey</td>
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<td>Making a Difference – The MS Nurse</td>
<td>• Articulation of the MS nurse key roles/ responsibilities and competencies</td>
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<td>The Case for MS Nurses</td>
<td>• Benefits of the MS nurse to key stakeholders including people with MS and healthcare professionals</td>
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<td>A Call to Action – Where Next?</td>
<td>• Recommendations for moving forward, unifying MS nurses across Europe and sharing best practice</td>
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Available in 8 languages
All the participants of the roundtable stressed the necessity of:

- Increase in qualifications, education and most of all certification of Polish MS Nurses.
- Specialisation – key subject
- 24% of all surveyed nurses in Poland feel they have not received adequate training and education to support them in their day-to-day role
What is MS Nurse PROfessional?
What is MS Nurse PROfessional?

A foundation course, currently available in five languages – English, Spanish, German, Czech and Italian, with more on the way in 2015

A modular, online training curriculum to support the evolving role of European MS nurses

Focused on core competency of MS nurses including advocacy/brokerage, health education, symptom and treatment management

Setting a benchmark for MS nursing practice and nursing care across Europe
Programme Content

• Programme currently has five modules
  – Module 1: Pathophysiology and epidemiology
  – Module 2: Clinical presentation
  – Module 3: Diagnosis
  – Module 4: Treatment
  – Module 5: Patient care and support
5 distinct modules. Each module is made up of a series of subtopics with fully referenced text.

Online accreditation test available for each module. Pass mark of 75% or more must be obtained for each module to obtain certificate of credit.
Icons help learners navigate their way through the module.

Flashing icons are interactive icons – click on these icons for extra information.

Illustrations, graphics and video clips assist the learning experience.
Widely accredited and endorsed

Accreditations

- Royal College of Nursing
- International Council of Nurses
- An Bord Altranais Nursing Board
- Agenas

Endorsements

- Societa Infermieri Sclerosi Multipla
- SISM
- EANN
- MALTA
- SCLEROSIS MULT PLA
- MS
- Multiple Sclerosis Society
- SEDENE
- SISM
- Esclerosis Multiple Espana
- Cemcat
- EMS
- European Multiple Sclerosis Platform
May 2015: Launched and live in six countries

- UK launch: March 2013
- Spanish launch: May 2013
- Czech Republic launch: June 2013
- Ireland launch: November 2013
- Italy launch: November 2013
- Germany launch: January 2015
Looking to the future...

National launches planned in the near future

- **France** launch 2015
- **The Netherlands** launch 2015
- **Austria** launch 2015
- **Belgium** launch 2015
- **Switzerland** launch 2015
- **Poland** launch 2015
MS Nurse PROfessional: Registered Users and Feedback

This activity is supported by educational grants from:

- Founding and lead supporter
  - NOVARTIS PHARMACEUTICALS
- Co-supporters
  - biogen idec
  - enzyne
  - TEVA
  - Bayer HealthCare Pharmaceuticals
Vital Statistics – Programme Users

2,379 total registered users across 30 different countries

For the period March 2013 – March 2015
## Users who have completed the course

<table>
<thead>
<tr>
<th>Country</th>
<th>Users</th>
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</thead>
<tbody>
<tr>
<td>Spain</td>
<td>636</td>
</tr>
<tr>
<td>Czech Rep</td>
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</tr>
<tr>
<td>UK</td>
<td>24</td>
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<tr>
<td>Italy</td>
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<tr>
<td>Ireland</td>
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<tr>
<td>Argentina</td>
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<tr>
<td>Hungary</td>
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</tr>
<tr>
<td>Germany</td>
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</tr>
<tr>
<td>Finland</td>
<td>1</td>
</tr>
<tr>
<td>Norway</td>
<td>1</td>
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<tr>
<td>India</td>
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<tr>
<td>Switzerland</td>
<td>1</td>
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<tr>
<td>Belgium</td>
<td>1</td>
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<tr>
<td>Greece</td>
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**Total: 801**
User Feedback

“I am delighted with all I have learnt, thank you very much”

“Fabulous course, thank you so much”

“Very practical, can use immediately in my day to day work”

“Excellent e-learning programme. I am applying for a MS CNS role and felt I needed to have a better understanding of the disease prior to interview”

“I now have more information to discuss issues with the patient”

“Scientific and interesting – I gained a lot of information”

“Well written interesting course that can be referred to in order to refresh knowledge as required”
Thank you...

A Project of the European Multiple Sclerosis Platform

Visit: www.msnursepro.org