National Therapy Plan

- Based on European Code of Good Practice in MS
- Multidisciplinary, multitask, (includes: rehabilitation, DMT, symptomatic treatment, national registry)
- Prepared by professionals and experts in MS – members of our Medical Advisory Board

COMPLEX & PROFESSIONAL SYSTEM OF CARE FOR PWMS
National Therapy Plan Scheme

System & Registry

National MS Center

Regional MS Centers

Local Centers

PwMS

Criteria

National Board -
professionals & leading MS Center/clinic

Fully prepared to diagnose &
treat MS and to provide proper rehabilitation

Prepared to treat MS and to provide proper rehabilitation
National Therapy Plan - DMT

- 500 new PwMS on DMTs/y
- Control: MRI after each year of treatment
- Possibility to change drug during the time of treatment (according to scheme – ”code of good practice”)
- Up to 3 years duration
- Workshops and trainings for neurologists, nurses etc.
Rehabilitation

- Provided by every center on every level
- As wide as it is recommended by European Standards (Code of good practice in MS)
- Every center – fully equipped
- Every center – fully professional team
- Workshops & training for teams
Registry

- Data provided from the lowest point of schema to upper levels
- Central Registry by National MS Center
- Based on data provided mostly by National Health Fund
National Therapy Plan - progress

- NTP – prepared by professionals and MS Society (both: content and budget) and applied in 2005
- 2006-2008 each year – budget updated by MS Society
- Now – update of content is needed (as new treatments appeared)
Results

Ministry of Health has not implemented NTP
But we have very good material for lobby campaigns and we’ve got:

- More DMT therapies (about 3 000 PwMS vs 300 in 2005)
- Longer therapies (5 years form 2011?)
- More MS rehabilitation centres (Borne Sulinowo, Piekoszów, enlarged Dąbek)
- Much better awareness even in Polish Parliament (MS Parliamentary Group in Parliament)
A model beyond Poland…

- NTP – proposed model base for PwMS care
- All stakeholders (incl. national neurology consultant) agree it is an ideal solution
- However, there are difficulties with its implementation - possible reasons:
  - too advanced and too innovative for the policy makers,
  - too complex budget structure for the decision makers
  - too logistically demanding
- It can serve as a model for other countries in seeking the optimal solution for MS care
So – we go ahead…

Thank you

Iza 😊