



**POLSKIE TOWARZYSTWO  
STWARDNIENIA ROZSIANEGO**

## Polish MS Society

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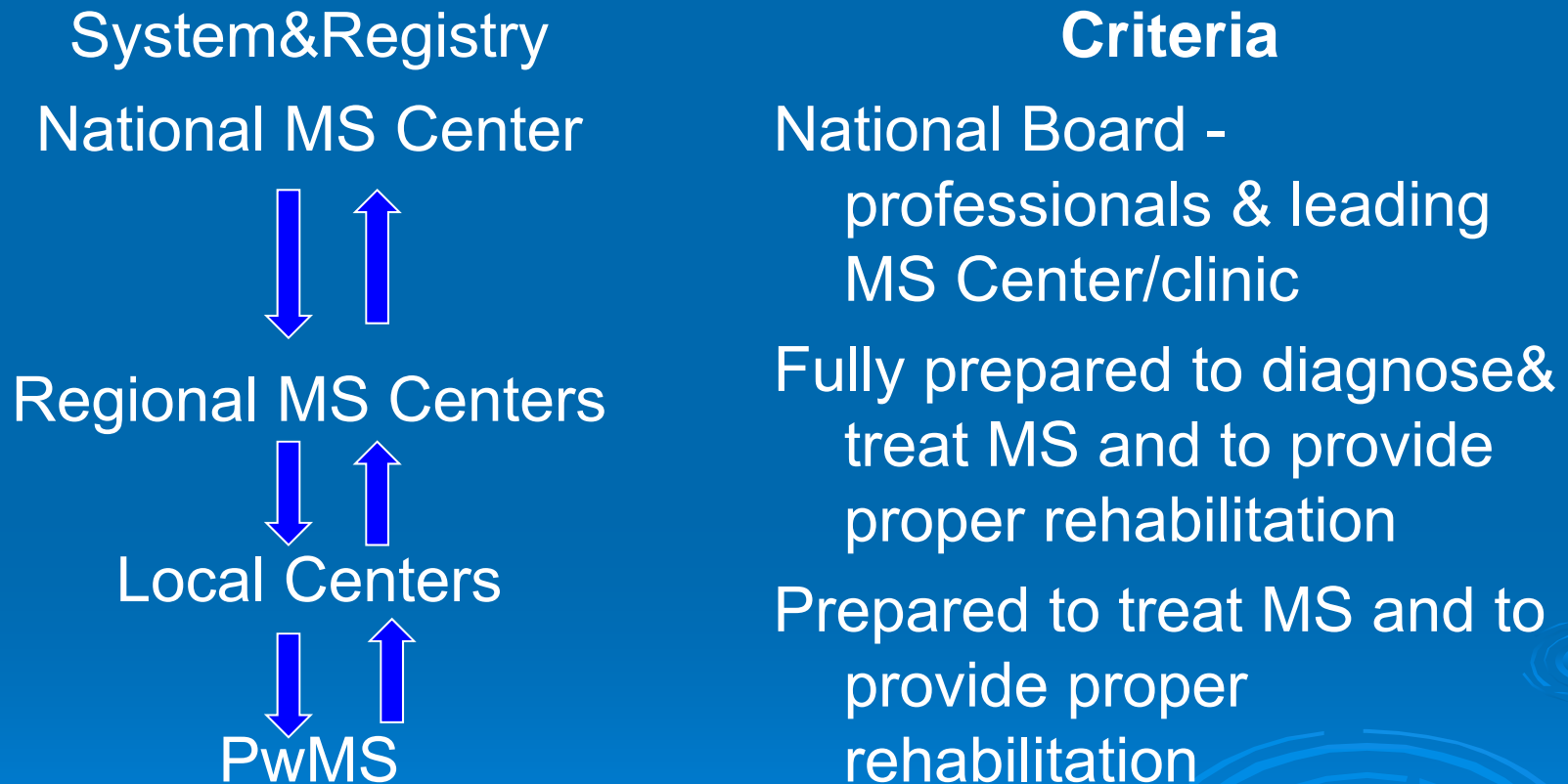
**President  
Izabela Czarnecka**

# National Therapy Plan

- Based on European Code of Good Practice in MS
- Multidisciplinary, multitask, (includes: rehabilitation, DMT, symptomatic treatment, national registry)
- Prepared by professionals and experts in MS – members of our Medical Advisory Board

COMPLEX & PROFESSIONAL  
SYSTEM OF CARE FOR PWMS


# National Therapy Plan Scheme



# National Therapy Plan - DMT

- 500 new PwMS on DMTs/y
- Control: MRI after each year of treatment
- Possibility to change drug during the time of treatment (according to scheme – “code of good practice”)
- Up to 3 years duration
- Workshops and trainings for neurologists, nurses etc.

# Rehabilitation

- Provided by every center on every level
  - As wide as it is recommended by European Standards (Code of good practice in MS)
  - Every center – fully equipped
  - Every center – fully professional team
  - Workshops & training for teams
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# Registry

- Data provided from the lowest point of schema to upper levels
- Central Registry by National MS Center
- Based on data provided mostly by National Health Fund

# National Therapy Plan - progress

- NTP – prepared by professionals and MS Society (both: content and budget) and applied in 2005
- 2006-2008 each year – budget updated by MS Society
- Now – update of content is needed (as new treatments appeared)

# Results

## **Ministry of Health has not implemented NTP**

But we have very good material for lobby campaigns and we've got:

- More DMT therapies (about 3 000 PwMS vs 300 in 2005)
- Longer therapies (5 years form 2011?)
- More MS rehabilitation centres  
(Borne Sulinowo, Piekoszów, enlarged Dąbek)
- Much better awareness even in Polish Parliament  
(MS Parliamentary Group in Parliament)



# A model beyond Poland...

- NTP – proposed model base for PwMS care
- All stakeholders (incl. national neurology consultant) agree it is an ideal solution
- However, there are difficulties with its implementation - possible reasons:
  - too advanced and too innovative for the policy makers,
  - too complex budget structure for the decision makers
  - too logistically demanding
- It can serve as a model for other countries in seeking the optimal solution for MS care

So – we go ahead...

Thank you

Iza 😊

